

SWIM SWIFT

BEGINNERS 1



COURSE DATES:

21. OCT 2024

28. OCT 2024

04. NOV 2024

11. NOV 2024

18. NOV 2024

25. NOV 2024

02. DEZ 2024

09. DEZ 2024

16. DEZ 2024

CHF 40
PER LESSON

HALLENBAD ALTSTETTEN

DACHSLERNSTRASSE 35, 8048 ZÜRICH

- TAUGHT WITH ENGLISH & GERMAN SPEAKING INSTRUCTORS
- MAXIMUM 5 PARTICIPANTS PER GROUP

MONDAYS from 20:10 – 20:50

Course Information: Hallenbad Altstetten

To Swim Swift course participants,

I would like to provide you with information regarding our adult group courses at Swim Swift:

1. Eligibility

- Participants must be 18 years of age or older to enroll in the course
- All skills are welcome, from beginners to intermediate swimmers

2. Registration and Fees

- After having registered for a group course, you will receive a confirmation as soon as the minimum number of participants has been attained
- **The entry fee to the pool is not included in Swim Swift's course fee**

3. Swimming Equipment

Swim Swift does not have regulations concerning attire, we encourage you wear what makes you feel comfortable.

Checklist:

- Swimsuit
- Towel
- Swim Caps will be provided on the first course date
- Goggles (optional)

4. Safety Guidelines

Lifeguards at Hallenbad Altstetten are not tasked with keeping a lookout for pool visitors. Please note, that if you are a beginner, practicing before or after class is your own responsibility.

5. Additional Information

- We will meet inside the pool, I will most likely be wearing a blue Swim Swift T-shirt or a neoprene T-shirt. If you cannot see me, please reach out to the staff or text my phone number: 076 246 40 46
- Our AGB applies to this course, you can find it on our website: www.swimswift.ch

I ask all participants always follow these guidelines as well as those of the pool staff.

I look forward to swimming swiftly!

Sincerely, Alexa Strommer

