

SWIM SWIFT

BEGINNERS 2-3



COURSE DATES:

23. OCT 2024

30. OCT 2024

06. NOV 2024

13. NOV 2024

20. NOV 2024

27. NOV 2024

04. DEZ 2024

11. DEZ 2024

18. DEZ 2024

CHF 40
PER LESSON

SCHWIMMBAD ALTWEG

LETZIGRABEN 210, 8047 ZÜRICH

- TAUGHT WITH ENGLISH & GERMAN SPEAKING INSTRUCTORS
- MAXIMUM 9 PARTICIPANTS PER GROUP

WEDNESDAYS from 19:30 – 20:10

Course Information: SSA Altweg

To the course participants of Swim Swift,

I would like to draw your attention to the following regulations regarding the school swimming facility Altweg:

- Entering the changing rooms is possible at the earliest 10 minutes before the start of the course.
- For hygienic reasons, please remove your shoes as soon as possible. The wet areas (swimming hall, WC, shower room) may only be entered barefoot.
- **No eating** is allowed in the facility.
- **All non-participants are not allowed in the water.**
- Necessary medical information (e.g. epilepsy, cardiovascular disorder, diabetes) must be filled in the customer form. It is important to be able to react smoothly in emergency situations.
- **Filming or photographing is not allowed without consent.**
- You must be over the **age of 18** to take part in the adult course.

I ask all participants to follow these guidelines at all times.

I look forward to *swift* swimming!

With warmest regards
Alexa Strommer

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